



Bodhi Counseling Services

This document contains important information about our decision (yours and mine) to work together in person in light of the COVID-19 pandemic. Please read this carefully and let me know if you have any questions. When you sign this document, it will be an official agreement between us.

Decision to Meet Face-to-Face

We have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we meet via telehealth. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. You understand that, if I believe it is necessary or other precautions are taken or added by Bodhi Counseling Services, it may be determined that we return to telehealth for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to telehealth services, I will respect that decision, as long as it is feasible and clinically appropriate.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to COVID-19 or other public health risks. This risk may increase if you travel by public transportation, cab, or ride-sharing service.

You Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take precautions which will help keep everyone (you, me, our families, staff, and other clients) safer from exposure, sickness, and possible death. If you do not adhere to these safeguards, it may result in our returning to a telehealth arrangement.

- You will only keep your appointment if you are symptom-free.
- If you have symptoms of COVID-19 or any other illness that could potentially be contagious, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, you will not be charged for a cancellation fee.
- You will adhere to safe distancing precautions we have set up in the waiting room and therapy room.
- You will wear a mask in all public areas of the office (I and other staff will also). If you are vaccinated and can provide written proof, wearing masks in public areas will be optional. It is up to our mutual discretion whether or not we wear masks while in session.



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- If you are bringing your child, you will make sure that they also follow all of these protocols.
- If you have a job that exposes you to other people who are infected, you will immediately let me know.
- If your commute or other responsibilities or activities put you in close contact with someone who may have COVID-19 or other contagious illness, you will let me know.
- If a resident of your home tests positive for COVID-19 or other contagious illness, you will immediately let me know and we will resume treatment via telehealth.

I or Bodhi Counseling Services may change the above precautions if additional local, state, or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

My Commitment to Minimize Exposure

Bodhi Counseling Services has taken steps to reduce the risk of spreading COVID-19 within the office and we have posted our efforts on our website and in the office. Please let me know if you have questions about these efforts.

If You or I are Sick

You understand that I and Bodhi Counseling Services are committed to keeping you, me, other staff, and all of our families safe from the spread of COVID-19 and other illnesses. If you show up for an appointment and you, I, or other staff believe you have symptoms, or believe you have been exposed to COVID-19 or another contagious illness, I will have to require you to leave the office immediately. We can follow up with services via telehealth as appropriate.

This agreement supplements the general informed consent that we agreed to at the start of our work together.